

# breakfast

Served as available

**MINI BREAKFAST TURKEY PANINI | 3.95**

Oven roasted turkey, egg, jack cheese and arugula on a grilled English muffin

**MINI BREAKFAST SAUSAGE PATTY PANINI | 3.95**

Sausage patty, egg, cheddar cheese on a grilled English muffin

**MINI BREAKFAST BACON PANINI | 3.95**

Grilled bacon, egg, cheddar cheese on a grilled English muffin

**MINI BREAKFAST VEGETARIAN PANINI | 3.5 vegetarian**

egg, tomato, jack cheese and arugula on a grilled English muffin

**BREAKFAST BURRITO | 5.25 vegetarian**

Egg, Jack cheese, cilantro, tomatoes, roasted bell peppers, wrapped in a flour tortilla and served with a medium spiced salsa

**BREAKFAST BAGEL | 4.25 vegetarian**

Tomato, onion, egg, lemon pepper, jack cheese on a toasted bagel of your choice

**ADD bacon or turkey | 5.25**

**BAGEL PLATE | priced as assembled vegetarian**

Toasted bagel of your choice with your choice of vegetables or meats (as available)

**THE CAROL | 3.95 vegetarian**

Egg white, chipotle spread, avocado, arugula, toasted wheat bagel thin

**VEGGIE BAGEL | 3.75 vegetarian**

Tomato, pesto, cream cheese, fresh basil, salt and pepper on the bagel of your choice (as available)

**BREAKFAST CROISSANT | 5.95 vegetarian**

Tomato, onion, Avocado, egg, lemon pepper, jack cheese on a fresh butter croissant

**ADD bacon or turkey | 6.95**

**GRANOLA CUP | 3.95 vegetarian**

Mixed berries, low-fat vanilla yogurt, granola

# salads & wraps

## **CAPRESE SALAD | 8.5 vegetarian**

Tomato, fresh buffalo mozzarella, fresh basil, extra virgin olive oil, balsamic reduction drizzle, mediterranean sea salt and pepper

## **KALE SALAD | 8.95 vegetarian**

Mixed greens, green kale, julienned carrots, cranberries, shaved almonds, champagne vinaigrette dressing.

Add chicken breast | 4

## **AGAINST THE STREAM SALAD | 10**

Marinated salmon filet, arugula greens, mixed baby greens, heirloom tomatoes, fresh micro greens, balsamic vinaigrette

## **CALIFORNIA SALAD | 10 vegetarian**

Mixed baby greens, apple, cranberries, red onions, goat cheese and walnuts, balsamic vinaigrette

## **AVOCADO WRAP | 6.95 vegetarian, vegan**

Avocado, chipotle sauce, red cabbage, carrots, cilantro, white beans, cheddar cheese, salt pepper, olive oil, red wine vinegar, spinach tortilla, dill spread

Add chicken breast | 4

## **CHINESE CHICKEN SALAD WRAP | 7.95**

Chicken Salad, romaine lettuce, crispy Chinese noodles, cranberries, walnuts, fresh cilantro, spicy hummus, wrapped in whole wheat tortilla.

## **A LA CARTE**

Chicken breast | 4

2 Strips of bacon | 2

Side of Avocado | 1.5

Small Side Salad | 3

Cream cheese | .50

Hummus | .50

## **SOUP OF THE DAY - BOWL | 4.50**

Please ask for our daily soup selection.  
Served with sliced baguette and butter

## **SOUP OF THE DAY - CUP | 3.50**

Please ask for our daily soup selection.  
Served with sliced baguette and butter

# Soup

# sandwiches & grilled sandwiches

(all sandwiches are served with a side of chips or side salad)

## COLD

### OVEN ROASTED TURKEY | 6.95

Turkey breast slices, Munster cheese, tomato, onion, lettuce, Russian dressing on artisanal country bread

### ULTIMATE VEGGIE | 6.95 **vegetarian, vegan**

Avocado, tomato, onion, red peppers, lettuce, cucumbers, hummus, microgreens on artisanal whole grain bread

## GRILLED

### RETRO ROW BURGER | 8.95 **vegetarian**

Grilled Garden burger patty, sun-dried tomatoes, fresh buffalo mozzarella, arugula greens, Russian dressing on a grilled whole grain bread

### "THE CARLOS" - CHICKEN PESTO PANINI | 8.95

Chicken breast, Swiss cheese, roasted red pepper and pesto on a grilled ciabatta roll

### THE PARISIAN | 7.95

Roasted turkey breast, brie cheese, fresh spinach leaves, light Russian dressing on a grilled artisanal country bread

### OLD SCHOOL GRILLED CHEESE | 8.95 **vegetarian**

Grilled Cheese sandwich with Havarti and Munster cheese, sundried tomatoes and a garnish of pickles on a grilled artisanal country bread

### CAPRESE PANINI | 7.95 **vegetarian**

Fresh mozzarella, pesto, tomatoes, fresh basil, and balsamic glaze on a grilled ciabatta roll

### CLUB PANINI | 8.95 **vegetarian**

Oven roasted turkey, bacon, Munster cheese, lettuce, tomato, Russian dressing on artisanal country bread

### MARGARITA PANINI | 7.95

Tomato pesto, mozzarella cheese, fresh basil, extra virgin olive oil on a grilled artisanal country bread

## coffee & drinks

### ESPRESSO |

#### AMERICANO |

espresso & water

#### RED EYE |

espresso & coffee

#### CAPPUCCINO |

equal parts espresso, steamed milk & foam

#### LATTE |

espresso, steamed milk & light foam

#### MOCHA |

espresso, steamed milk, dark chocolate & whipped cream

#### WHITE CHOCOLATE MOCHA |

espresso, steamed milk, white chocolate & whipped cream

#### MEXICAN CHOCOLATE MOCHA |

espresso, steamed milk, Mexican chocolate & whipped cream

#### LOOSE LEAF TEA |

ask server for current selection

#### ICED TEA |

paradise iced tea (unsweetened, passion fruit flavored)

Mint green iced tea

#### HARIO, CHEMEX, FRENCH PRESS | 5.00 12 oz

**illy blends** - medium & dark roast

**illy mono-arabica** - ethiopian, guatemalan, brazilian

**handsome coffee roasters** - los angeles local roaster

#### HOT CHOCOLATE |

#### MEXICAN COKE |

#### DIET COKE |

#### PERRIER |

**ORANGINA** – sparkling citrus beverage |

**BOTTLED WATER** – green planet, BPA free |